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100% Organic



# Sausage and Cherry Tomato Tray Bake

With Crushed Potatoes

**This box contains**

All ingredients are 100% organic

6 x Cumberland sausages

500g cherry tomatoes

2 x sprigs of fresh thyme

3 x garlic cloves

1 x red onion

500g potatoes

10g parsley

100g baby spinach

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Cooking Time 50 mins



## Ingredients & Preparation

Serves: 2

Wash vegetables before use

Serves: 2

6 organic Cumberland sausages

500g organic cherry tomatoes

2 sprigs of fresh organic thyme

3 organic garlic cloves, peeled and chopped

1 organic red onion, peeled and chopped

2 tbs olive oil

1 tbs balsamic vinegar

### For the crushed potatoes

500g organic potatoes, cut into 4cm chunks (skin on)

50g butter (milk)

1 handful (10g) organic parsley, finely chopped

### To serve

100g organic baby spinach

For allergens see ingredients in **bold**

Sausage and mash, the ultimate British comfort food, is given a fresh twist with a sweet cherry tomato sauce and crushed potatoes. The best part is that it's effortless, yet packed full of punchy flavours.

**1** Pre-heat the oven to 200°C/180°C fan.

**2** Spread the sausages, cherry tomatoes, thyme, garlic and onion in a large roasting tray, and drizzle over the olive oil and balsamic vinegar. Season with a pinch of sea salt and black pepper, and toss to make sure everything is well coated. Make sure the sausages are on top.

**3** Place the tray in the oven and roast for 30 minutes.

**4** Meanwhile, put the potatoes on to boil for about 10 minutes or until tender. Drain the potatoes, then roughly crush. Fold in the butter and chopped parsley while the potatoes are still warm, and season to taste with salt and pepper.

**5** The sausages should have had their 30 minutes in the oven. Give the tray a shake and turn the sausages over. Roast for another 15 to 20 minutes, depending how sticky you like your sausages.

**6** When ready, remove the tray from the oven and stir in the baby spinach, letting it wilt slightly in the warm juices. Serve with the crushed potatoes, and spoon the roasted tomato juices over to finish.

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